



# Dolphin Daily

Week of March 25th

Week of 3/25/24

**Mon- Welcome Back! Dry  
Tortugas Presentation 5th Grade  
Thur- 2nd Grade PBIS Dance  
Party**

**Have a great Week!**

## APRIL ATTENDANCE INCENTIVE



## BREAKFAST MENU

<b>25</b> Sausage Biscuit Mandarin Oranges Juice & Milk	<b>26</b> Croissant Sandwich (Bacon, Egg, & Cheese) Hash Brown Mixed Berries Juice & Milk	<b>27</b> French Toast Scrambled Eggs (Bacon or Sausage) Pineapple Juice & Milk	<b>28</b> Parfait w/ Strawberries & Mangoes Juice & Milk	<b>29</b> Cereal w/ Graham Crackers Oranges Juice & Milk
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## LUNCH MENU

<b>25</b> Beef Ravioli & Meatballs Garlic Breadsticks Mixed Veggies & Garden Side Salad Mandarin Oranges Juice & Milk	<b>26</b> Nachos w/ Seasoned Beef & Cheese Sauce Rice & Black Beans Salsa Cup Fruit Jello Cup Juice & Milk	<b>27</b> Calzones (Cheese, Pepperoni, or Ham) Tater Tots & Corn Banana Juice & Milk	<b>28</b> Brunch 4 Lunch Waffle Sandwich (Bacon, Egg, & Cheese) Hash Brown & Corn Craisins Juice & Milk	<b>29</b> Pizza Smile Fries & Carrots w/ Ranch Pineapple Juice & Milk
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# ATTENDANCE TOURNAMENT

**Celebrate March  
Madness by coming  
to school everyday  
during the month of  
March**



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YEARBOOK  
Today!** »

Don't Miss Your Chance! »»



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Today!** »»

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**USE ORDER CODE:** 82587M

**PRICE:** \$23.00

## **JOIN OUR SAC!**

**Meeting dates are Monthly**

**8:00am Media Center**

**March 13th**

**April 17th**

**May 15th**

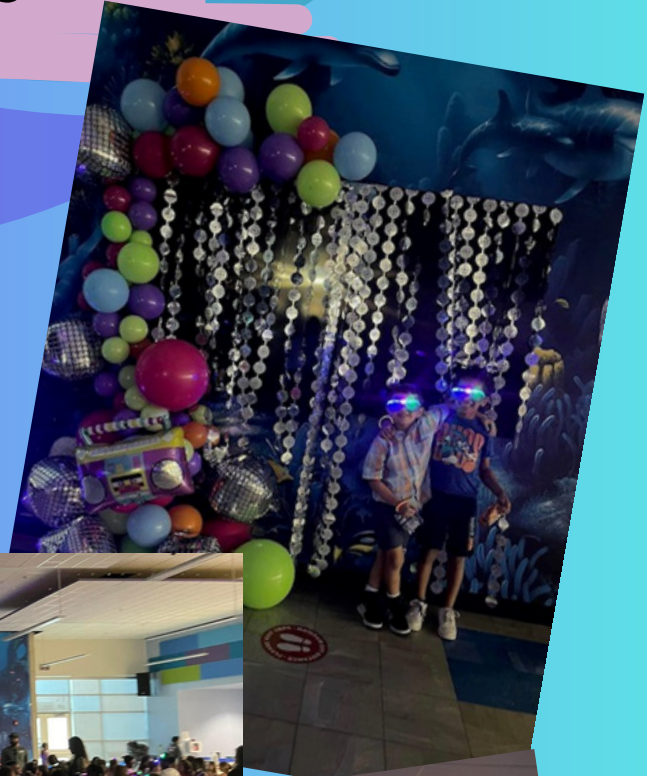
**Or join us online at:**

**<http://tinyurl.com/GAESAC>**



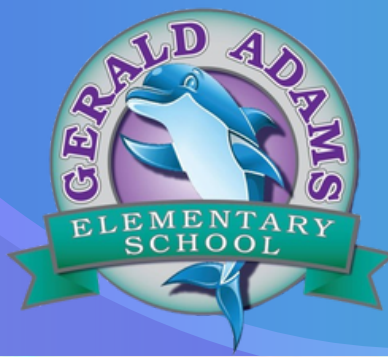


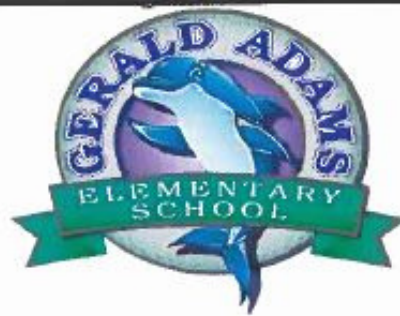
# GAE Events



# SPRING FLING DANCE







Mrs. Orcutt's Counselor's Corner

March 2024

## Small Group Counseling



- Exploring emotions heavy feeling VS light feelings
- Coping strategies; Belly Breathing, Chillax in My Head, Shake Out the Yuck & Float Your Boat.

## Test Taking Tips

- Take a few deep breaths and relax tense muscle - repeat throughout the test.
- Read directions carefully - ask questions.
- Answer easier questions first - this will help calm you down.
- Manage your time and keep an eye on the clock.

## Parent Tips & Tricks

### PARENT INVOLVEMENT



- Stay involved and feel free to contact your child's teacher with any questions or concerns.
- Ask your children about school and encourage them to talk about their day. Ask open-ended questions.
- Make sure your child is getting plenty of sleep and is ready for school each day. Be present and on time.
- Teach your children to be responsible for their actions; of what they say and do.
- Read with your child every night.





# Florida Assessment of Student Thinking (FAST) & Computer Adaptive Testing (CAT)

## Parent Info

### What is CAT?

- Online assessment that is adjustable based on student answers
- Grade level content only (does not go above or below current grade level)
- PM3 Testing Dates: Writing 4/1-4/12, FAST ELA , Math and Science 5/1-5/31

### Which tests are CAT?

- FAST K-2
- FAST 3-10 ELA
- FAST 3-8 Math
- Algebra 1
- Geometry EOC
- 2024-2025 Science & Social Studies

### How can I help my child?

- ✓ Access the FAST Family Portal to review PM1 and PM2 scores to set goals with your student. Each test picks up at the level the student left off at, encourage them to do their best on every test.
- ✓ Encourage them to do their best on every question before moving onto the next. This prevents the test from leveling down on the next question.
- ✓ Encourage students by saying, "The harder it gets, the better you are doing!" The more success in challenging content will earn a higher scale score.
- ✓ Use scratch paper to keep notes and work out problems.
- ✓ Use resources at home such as IXL, FAST practice tests, etc.
- ✓ Visit the FAST Portal for additional information.
- ✓ Review Achievement Level Scores so that your child understands their progress:

Achievement Levels				
1	2	3	4	5
<b>Well Below Grade Level:</b> Likely to need substantial support for the next grade/course	<b>Below Grade Level:</b> Likely to need substantial support for the next grade/ course	<b>On Grade Level:</b> May need additional support for the next grade/ course	<b>Proficient:</b> Likely to excel in the next grade/ course	<b>Exemplary:</b> Highly likely to excel in the next grade/ course



# FAST

FLORIDA ASSESSMENT OF STUDENT THINKING

## Computer Adaptive Tests (CAT) are:

- Taken Online
- Adjustable based on student answers
- Grade level content only (does not go below grade level)
- Utilized for FAST ELA, Math & B.E.S.T. EOCs
- Based on **Florida B.E.S.T. Standards** OR based on previous **FAST** Test results

## FAST STUDENT INFO

### *Tips for Success*

2023 - 2024

Take your **TIME** and do your **BEST** on **EACH** item before moving onto the next question or set of questions.

You **MUST** answer **EVERY** question with your **BEST** educated guess before moving on, but you can flag a question you would like to go back to and review at the end of the test.

The harder it gets, the **BETTER** you are doing!  
The more success in challenging content will earn a **HIGHER** scale score.

Try your **BEST** and take your **TIME** on each question. If you do not know the answer to a question, make your **BEST** educated guess based on the information you have.